



THE HOME WHISPERER *Environmental Healer*

"When we are in alignment with our purpose, the universe will roll at our feet." -Kafka

RE*LEASE

When we release old ways of seeing and doing things, patterns that no longer serve us, blockages or challenges, we are not giving up, we are letting go and allowing the Sage within to guide, bless, and protect us. This process enables us to move into a place of deeper trust. In Chapter 18, page 98, we see the image of expansiveness.

When we re*lease the lesser parts of our self and step into expanded viewpoints, we find strength, focus, growth, and of course new beginnings. This upward moving energy of wood teaches us to trust the process. The affirmations are "I cultivate and live a dynamic life of strength and purpose." "I am joyous, fulfilled, and strong" "I fill my home and each room with the vibration of unconditional love so that all who enter, myself included, are nourished by this love!"

It is essential for you to READ *The Art of Unconditional Love* - page 101. These insights go hand in hand with the mission to connect YOU to YOUR inner support system and tap in the forgiveness (of others and our self) where re*leasing makes creativity, personal development and trust available as your new and improved imprint. Re*lease the old you and gracefully step into who you are meant to be!

